

**HOSPITALITY MINNESOTA's**

**GREEN PRACTICES FOR THE HOTEL &  
RESTAURANT INDUSTRY**

**for the**

**Republican National Convention  
& Beyond**

**Crowne Plaza St. Paul Riverfront**  
Tuesday, May 13, 2008, 8:30 am – 3 pm



# Towel and Sheet Cards



# Lights Out? Card



# Water Audit / Low Flow

## **Need:**

Bucket or bowl that will fit under sink faucet  
Watch with a second hand  
Pen and pad

## **Procedures:**

Place bucket or bowl under sink faucet or showerhead  
Let water run full blast for 15 seconds  
Measure the water  
    Pour into empty milk jug  
Multiply times 4

## **Result:**

Gallons per minute (gpm) of that outlet

## **Low Flow:**


Sink: 1.5 / 2.5 gpm aerator  
Showerhead: 1.5 / 2.5 gpm

## **GHA Recommendations for Choosing Showerheads:**

2.0 / 2.5 gpm  
Adjustable outside the spray  
White plastic casing rather than chrome



# Cost Savings



**saving on f&b** *Handwritten: 27 Spoz*

**At breakfast, serve mini-bagels and baked goods instead of full-size ones and cut muffins or Danishes in half—a lot of people waste food**

**Alternate hot and cold meals—cold may be cheaper**

**Portion size is a way to save—cut the size down and cut costs. Order a six-ounce piece of meat on a nine-inch plate instead of an eight-ounce piece on a ten-inch plate**

**Bill sodas, bottled water, and juices on consumption**

**Hotel menus are a guideline. Give the hotel your budget and see what they create**

**Put one dessert plate in the middle of the table instead of a serving at each place setting**

Source of all sidebar tips: Janet Sperstad, CMP, Meeting Expectations, Inc.



# Vegetarian Service



barley cake, vanilla panna cotta

# Battery-lit Candles



# DISPENSERS



# Chateau Lake Louise



# Technology



# GHA Member Flags



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